

CRANMORE



PSHE Policy

Cranmore's mission is to be a Catholic School committed to the teachings of the Gospel with the aim to help all children fulfil their potential, by fostering their individual talents and providing for their needs within its caring Christian community.

Cranmore's values: Faith, Character, Community, Compassion and Intellect.

Aims & Objectives

Cranmore's mission is to be a Catholic School committed to the teachings of the Gospel with the aim to help all pupils fulfil their potential, by fostering their individual talents and providing for their needs within its caring Christian community. This underpins all aspects of our PSHE provision supported by guidance from the Diocese of Arundel & Brighton.

Personal, Social and Health Economic Education is the planned provision to promote the pupils' personal, social and emotional development, including their physical and mental health.

We aim to:

- equip our pupils with the knowledge and skills required to lead confident and healthy lives.
- give children an understanding of the rights and responsibilities that are part of being a good citizen both within our school and the wider community.
- to help pupils understand how they are developing personally and socially and how to tackle some of the moral, social and cultural issues that may be a part of their growing up. This also includes encouraging pupils to respect each other, even if others have a different lifestyle to them. We support the protected characteristics (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation) as listed in section 4 of the Equality Act 2010.

We believe that PSHE teaching will support and encourage good behaviour throughout the school in conjunction with school systems, structures, experiences and expectation. Examples of these include:

- Golden rules from our very earliest year groups.

- Positions of responsibility for children at the top of our Lower Prep in Year 3 for example, House Captains and Vice-Captains with responsibility for younger year groups, first aid monitor, Lower Prep librarians.
- Positions of responsibility at the top of the school in Year 10 including School Captain and Vice-captain, sports and house captains, chaplaincy, librarians, music, drama and art.
- Pupils experience democracy through voting for school council representatives in the Lower, Upper and Senior School. Those representatives hold fund raising events taking on responsibility for organising and running the events.
- Encourage pupils to take part in a wide range of extracurricular clubs and activities.
- Performances from nursery upwards e.g., Christmas sing-a-long, Christmas productions, carol service, harvest festival, class assemblies, summer production and sports days including an afternoon of sport on Founder's day.

In PSHE, we encourage pupils to:

- Develop their spiritual journey through the teachings of our Catholic Faith.
- Take part in a wide range of activities and experiences across and beyond the curriculum contributing fully to the life of the school and the local and wider community.
- Recognise their own worth as one who is made in the image of God, be able to work well with others and become increasingly independent learners.
- Reflect on their experiences and understand how they are developing personally and socially.
- Learn about many of the spiritual, moral, social and cultural issues that are part of their growing up.
- Use PSHE to build up positive working relationships between children and staff and reinforce the fact that all members of our Cranmore family are valued as individuals.
- Take a pride in themselves and their school community.
- Have independence of mind to question and seek to improve themselves-and society-while respecting law and authority.
- Understand tolerance and respect both for themselves and others around them.
- Understand what a healthy lifestyle means in terms of diet and exercise.
- Start to recognise the rights and responsibilities of all citizens.
- Value and respect belongings in the environment.
- Gain a greater understanding of the Sanctity of life and the sanctity of each person.

Time allocation

In the Upper Prep and Senior School, PSHE is delivered once a week by Class Tutors and lessons last 30 minutes. In the Lower Prep there is one 45-minute lesson a week and the weekly assembly is often linked to the PSHE programme. However, the delivery of PSHE is not limited to this one session with many aspects being delivered through assemblies, form period, house meetings, collective worship and by visiting individuals and organisations.

Resources

PSHE resources are available on the Staff Shared network and are updated on a regular basis by the Heads of PSHE. Resources are readily available and include:

- Booklets/worksheets
- DVDs
- Internet-based resources

- Information from outside organisations

The Lower Prep School are following the 'Jigsaw' framework within years 1,2 and 3.

Assessment

It is important to evaluate PSHE work to monitor our provision; give staff and pupils feedback about their progress and how learning might be improved and to help pupils reflect on and identify what they have learnt. However, formal assessment is not undertaken. Evidence of learning comes from:

- Improved attitude and behaviour around the school;
- Increased ability to form constructive relationships with one another; and
- Increased understanding of the impact an individual makes on others

Teachers may employ the following to aid assessment in class:

- Self-assessment (checklist, questionnaire);
- Peer assessment (role play or interviewing one another);
- Whole group assessment (brainstorming); and
- Joint teacher-pupil assessment (circle time, reflection).

Sex and relationships policy

Cranmore teaches Relationship and Sex Education in a manner that is compatible with the teachings of the Catholic Church. Specifically, the school follows a programme called 'A Journey in Love'. *Please see separate RSE Policy.*

In the Upper Prep and Senior School, the social, emotional, intellectual, and spiritual elements of RSE are taught in the first half of the summer term by Class Tutors in PSHE time. The physical and more sensitive elements are covered in science for pupils in years 6, 7, 8, 9 and 10 during the summer term. Outside speakers have visited the school and have run age-appropriate workshops for pupils followed by a parent presentation in the evening.

Prevent Duty

It is essential that all staff understand the risks of radicalisation as well as the school procedure to deal with it. Our broad curriculum promotes the spiritual, moral, cultural, mental, and physical development of pupils together with promoting community cohesion. Through INSET day training and updates as required staff are made aware of their duties under prevent and how to report concerns they may have about pupils being susceptible to extremist views.

Fundamental British Values

We value and celebrate the diverse heritage of pupils and staff at Cranmore and alongside that celebrate being part of Britain.

Through our PSHE programme pupils examine strategies to deal with issues and maintain strong self-esteem, develop resilience, and learn to respect themselves making them more able to respect others. We encourage pupils' value one another's views and talk about their own feelings demonstrated through democracy, for example, electing school council representatives or making a decision based on a show of hands.

We focus on feelings and behaviour ensuring that children understand their own and other's behaviour including consequences and learning to distinguish right from wrong. Mutual respect and tolerance is incorporated throughout school like with golden rules, celebration of other cultures and traditions in class and outside of, for example, through themed food days in our dining room.

PSHE related sessions 2023-2024

The following sessions have been planned to promote the PSHE provision during the academic year 2023-2024:

- EST Internet safety workshops for pupils in Years 3 – Year 10
- Suicide Prevention Presentation for Staff
- Mental Health and wellbeing assemblies
- Anti-Bullying assemblies
- Black History Month assemblies
- Years 4,5,6 to follow NSPCC Speak out Stay safe programme in Form Periods.
- Odd Socks Day on Monday 13th November for Nursery – Year 10
- Drugs Education Talks (Years 9 – 10)
- Bold Voices (Consent Talks) Years 7 – 10
- Anti-Racism Assemblies

*Reviewed: October 2021 FON, JS
September 2022: FON, JS; September 2023
Next review: September 2024*